

## Dr. Gary Wasiak, DPM





When your patient with Chronic Tendon Disease is not better after 3 months, what do you recommend?



# A Gentle, Minimally Invasive Procedure to Treat:

Plantar Fasciitis
Achilles Tendonitis
Jumper's / Runners Knee

Tennis Elbow Golfer's Elbow Swimmer's Shoulder / Rotator Cuff

Based upon advanced technology developed in collaboration with the Mayo Clinic, we offer an image guided, one-time ultrasonic procedure using Tenex Health TX<sup>TM</sup> technology that is designed to remove the source of the pain (the Chronic Tendon Disease) while leaving the healthy tissue alone and stimulating a healing response. This allows patients to return more quickly to their normal daily routine than with a traditional open surgery. Over 20,000 procedures have been performed since 2012.

#### The Ideal Patient

- Presents with tendon pain in the shoulder, elbow, knee, Achilles or plantar fascia
- Has tried and failed your recommended conservative treatment plan (RICE, PT, maybe even cortisone) for at least 3 months and still has pain
- Has a repetitive motion injury
- Is someone who will not achieve long-term pain relief from a repeat cortisone injection
- Has Chronic Tendon Disease

## **Benefits Your Patients Will Appreciate**

- Minimally Invasive
- Performed in approximately 20 minutes or less
- · Quick pain relief
- Performed under ultrasound guidance to precisely identify, cut and remove diseased tissue
- Performed generally with local anesthetic only, well-tolerated by patients
- Not open surgery percutaneous micro-incision no sutures or stitches required
- Covered by most insurance
- Compelling clinical results\* and safety micro-incision minimizes infection risk
- No additional post-procedure treatment needed rapid recovery of 6-8 weeks or less to return to normal activities\*\*

#### TENDON AND PLANTAR FASCIA REPAIR

- Pathologic tissue is visualized with conventional ultrasound image guidance.
- Highly focused tissue cutting and debridement is achieved without disturbing surrounding healthy tissue or other major structures.



Healthy tendon tissue

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TX MicroTip removing diseased tissue from the elbow





Healthy tissu

Diseased tissue





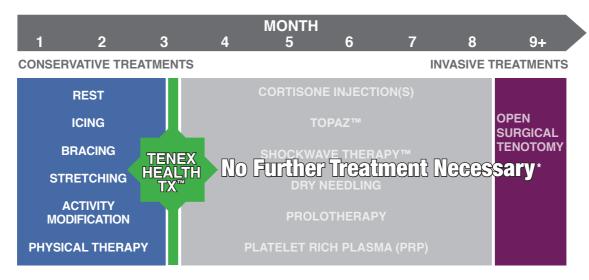
Healthy tissue

Diseased tissue

Chronic Tendon Disease is a persistent condition characterized by degeneration of tendon tissue without inflammation. It is caused by repetitive motions creating micro tears that require a higher level of intervention.

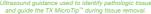
#### **Transform your conservative treatment path for patients with Chronic Tendon Disease:**

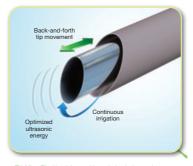
Historically, conservative treatment included options to treat only symptoms and not the disease. With this procedure, we offer something no other conservative therapy can do - it provides treatment for the source of Chronic Tendon Disease.



## Targeted tendon tissue cutting and debridement:







TX MicroTip Handpiece with optimized ultrasonic energy simultaneously cuts and debrides targeted diseased tissue.

## Enhance your physician-patient relationship by giving your patient an opportunity to get back to life

with a definitive, minimally invasive procedure to remove chronic tendon disease:

- 1. Once your patient has failed 3 months of conservative therapy-
- 2. Recommend patient for procedure evaluation-
- Have your patient returned to you once consultation and/or procedure have been performed



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